

Women's Health Master Class - Genitourinary Syndrome of Menopause

01/16/2026 to 01/16/2029

Enduring Material

Purpose:

This series is designed to bring members of the members of the Obstetric and Gynecologic team together to learn with and from each other regarding topics that cover menopause, perimenopause, symptom management, diet and exercise, and considerations to provide holistic care for patients. This session will focus on genitourinary syndrome of menopause, common symptoms, and treatment options.

Objectives:

- 1 Describe the genitourinary syndrome of menopause
- 2 Describe common symptoms associated with GSM
- 3 Review treatment options for GSM
- 4 Discuss the importance of collaboration and teamwork in the management of peri-menopause and menopause symptoms.

Target Audience:

Physician, Nurse - RN, Nurse -LPN/LVN

For successful completion:

- View podcast
- Watch video
- Complete pre and post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity

Avera



Additional Information:

Feedback person for this educational activity is:
Enduring Material available from 01/16/2026 to 01/16/2029
• This course content was reviewed on 01/16/2026

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|-------------------------------|--|---|
| Matthew Barker, MD | Faculty | Consulting Fee-Axonics Consulting Fee-Provepharm Consulting Fee-Allergan (Relationship has ended) Consulting Fee-Medtronic, Inc. Speakers Bureau-Astellas |
| Kate Boos, MD, Physician | Content Expert - Committee Member | Nothing to disclose |
| Kelly Boyd, MSN, Nurse | Lead Planner | Nothing to disclose |
| Kimberlee McKay, MD | Content Expert - Committee Member | Nothing to disclose |
| Lindsey Meyers, Administrator | Committee Planning Member, Faculty | Nothing to disclose |
| Susan Okoniewski-Philips, MD | Content Expert - Committee Member | Nothing to disclose |
| Juanita Ruiter | Committee Planning Member | Nothing to disclose |
| Catherine Schiltz, DO | Content Expert - Committee Member | Nothing to disclose |
| Annette Siewert, MD, FACOG | Content Expert - Committee Member, Faculty | Stocks or stock options, excluding diversified mutual funds-Cega |
| Katelin Soodsma, CNP | Faculty | Nothing to disclose |

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